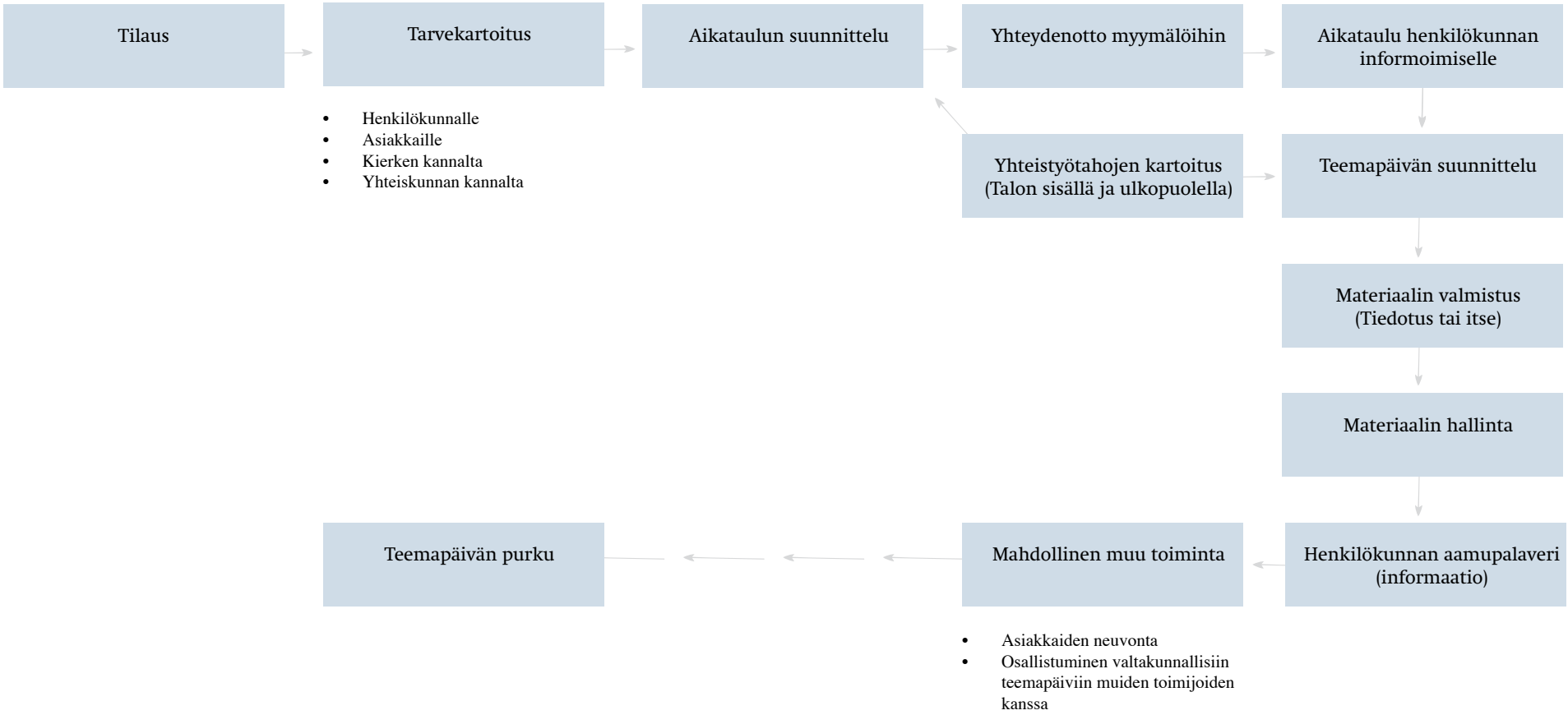Ympäristöteemapäivä